

Letter of Support or Letters of Reference - Instructions

As part of the application package, the applicant to a facilitator certification training must provide:

- a letter of support if sponsored through their organization.
or
- two (2) letters of reference if applying as an independent facilitator.

This letter must include specific reference to how the organization will support the applicant in the following points:

- Providing time to prepare and deliver at least 3 Mental Health First Aid (MHFA) courses per facilitator year to maintain active status. Note that the requirement for MHFA First Nations, Inuit and Northern People is two (2) courses per year.
- Providing space and/or an online platform to deliver MHFA courses.
- Providing time for applicants to attend mandatory webinars, meetings, etc.

In addition, the letter must address on how the applicant meets the criteria to become an MHFA Facilitator:

- Experience in the field of mental health and mental illness
- Good knowledge of mental health disorders and their treatment
- Experience in delivering training/teaching effectively to adult learners.
- Experience in networking with community partners
- Knowledge of the range of mental health services
- Good interpersonal and communication skills
- Positive attitudes towards people with mental health problems
- Enthusiasm to reduce stigma/discrimination associated with mental illness.
- Good business plan or organizational support to ensure MHFA sustainability.