



Mental Health First Aid Certification

September 10 & 11, 2026- 8:30am-4:30pm
Dryden, ON Registration Form

Mental Health First Aid (MHFA) Certification course provides the knowledge, skills, and attitudes for participants to recognize changes in mental health, respond supportively, and apply practical actions for declining mental health and crisis situations. It helps participants build confidence, reduce stigma, and enhance their own mental health.

MHFA Certification helps participants:

- Increase awareness of mental
- Improve confidence to provide
- Decrease mental health-related stigma
- Enhance mental health

The cost of this two-day certified workshop is \$345.00 plus HST, cost includes lunch, participant material package and certification. Please note that participants are required to attend both days of training and are required to complete a final assessment independently after the workshop to receive certification. Seats will be filled on a first come, first served basis.

Name for Certificate (print clearly):

Organization:

E-mail:

Telephone:

Do you have any special dietary needs?

Sorry, no refunds. Registrations are transferable to another person for the same date. For reasons beyond our control such as severe weather, insufficient enrollment, etc. workshop may be cancelled and refunded in full. Once we have received your registration an invoice will be sent, payment must be made prior to workshop date, unless other arrangements have been agreed upon.

If you have any questions, please contact us at (807) 938-5079 or northernhorizons@outlook.com.

